



CRAFTING IDEA



Macramé recreation.  
Carry strap for your yoga mat.

[WWW.RAYHER.COM](http://WWW.RAYHER.COM)



## Used items:

- 44 007 558** Macramé yarn, ø 3 mm, stone-grey 48 m  
**64 575 000** Raw wood rings, ø 5.5 cm 2 pieces

## Additionally you need:

Scissors

## Instructions:

### Cuttings:

- 2× 4 m = 8 m  
 2× 16 m = 32 m

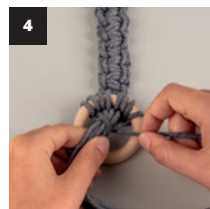
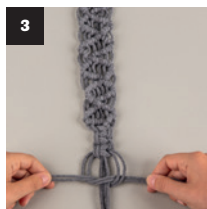
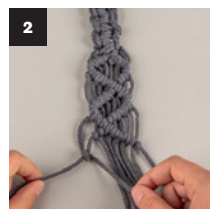
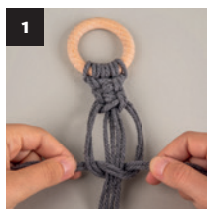
**1** Start with the two 4 m long strings and attach them each to a wooden ring with a lark's head knot. The two 16 m long strings must be attached to the left and right of the short strings with a lark's head knot again. Then tie 125 square knots in alternation.

**2** Then tie 7 macramé diamonds using the diagonal clove hitch knot (instead of the clove hitch knots, you may also tie 35 further square knots).

**3** Once you have finished with the diamonds, repeat the square knot 85 times.

**4** When the strap has reached the desired length, take the other wooden ring and lay it at the end of the knotted strap. Now wind all 8 threads once around the ring and tighten them well. Gather the threads together and tie them in a wrap knot.

**5** To round it all off, cut the threads to the same length.

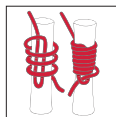
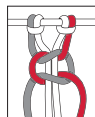
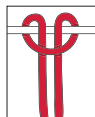


Lark's head

Square knot

Clove hitch knot

Wrap knot



Rayher.

WWW.RAYHER.COM

More craft ideas and additional material information can be found on our website.

